



# The Breeze

James Madison University's Student Newspaper

Vol. 84, Issue 8

Thursday, September 21, 2006

Facebook  
opens up,  
page 3

## Opinion, page 5

Innocent Canadian citizen  
tortured in Syrian prison.



## A&E, page 9

Learn to play some  
six-string music.



## Sports, page 12

The JMU football team  
opens A-10 play Saturday.

# Spinach stores in short supply

E. coli makes  
vegetable scarce  
at supermarkets

BY KATIE KELLOGG  
senior writer

Consumers can expect to find bare spaces on shelves where bags of spinach used to sit in supermarkets across the country.

An outbreak of E. coli has infected 114 people in 21 states so far, including Virginia, and has caused one death, according to the Food and Drug Administration. The outbreak, which is believed to have stemmed from fresh spinach, has caused the FDA and the Center for Disease Control to issue a warning to all consumers not to eat any fresh spinach or salad mixes that contain spinach.

The concern led retailers such as Wal-Mart to pull spinach from their shelves, and in some cases institute special restrictions to ensure no consumer buys spinach from their stores.

Marisa Bluestone, a Wal-Mart spokeswoman, said Wal-Mart has placed a sales restriction on spinach so that even if a bag remained on the shelf, the bag could not be scanned when the customer tried to pay for it.

"We are always going to err on the side of safety where our customers are concerned," Bluestone said.

## Health Beat



EVAN DYSON/photo editor

Due to a recent outbreak of E. coli, spinach has been pulled from the shelves in Virginia and 20 other states. So far, 114 people have been infected.

see SPINACH, page 4

# Sept. 11 speech stirs campus controversy

President's address  
gets JMU political  
organizations debating

BY KELLY CONNIFF  
staff writer

Ten days after President Bush's Sept. 11 remembrance speech, Democrats and Republicans are still arguing over the aptness of the message, and JMU political organizations are echoing this sentiment.

The president and his wife started the day at New York's Fort Pitt firehouse, where ob-

servers bowed their heads at 8:46 a.m. and 9:03 a.m., the times at which planes hit the World Trade Center.

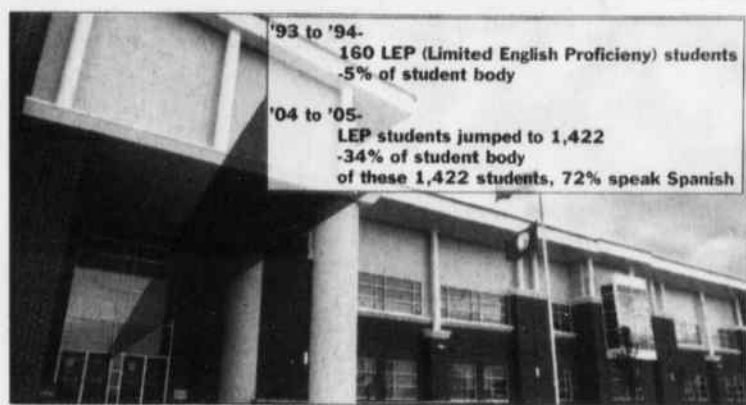
Bush then moved to Shanksville, Pa., and laid a wreath at the site where United Flight 93 crashed after passengers diverted the plane from its intended target.

Finally, Bush arrived at the Pentagon, where he comforted family members of those who died in the attacks.

After these three visits, Bush closed his day of somber observance by delivering a speech that intertwined remembrance of Sept. 11 and the ongoing war in Iraq.

The speech began as a tribute to the citizens

see POLITICS, page 4



LAUREN PACK/art director

# Public schools have influx of immigrants

English a second  
language for many  
Harrisonburg students

BY ANDREW J. FITCH  
contributing writer

Over the last decade, Harrisonburg City Public Schools have received a rather large injection of foreign students. Many of these foreign students are not familiar with the English language and are labeled as Limited English Proficiency (LEP).

Sara J. Prouty, a Massachusetts Assistant Teaching Principal, said the English as a Second Language program is a smart choice for Harrisonburg.

"Harrisonburg is a very diverse community and the ESL program will help its student population to achieve in school," Prouty said. The Harrisonburg Public Schools Web site posted that during the 1993-'94 school year the number of LEP students in the school system was 160, which represented just 5 percent of

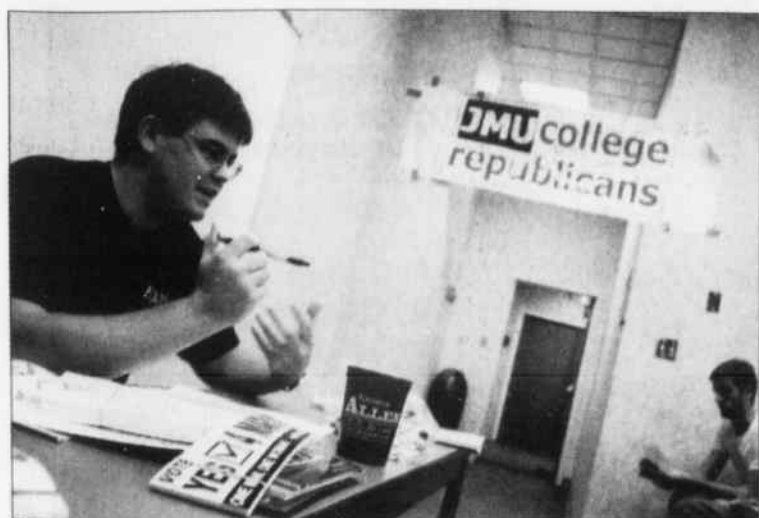
the entire student population. As of the 2004-'05 school year the LEP student population had jumped to 1,422 students, which represents 34 percent of the entire student population.

Harrisonburg teachers adapted their teaching methods to include these students through the initiation of the ESL program. Within this program, LEP are taught in separate classes that bring them up to speed on the English language while teaching them the regular curriculum.

LEP students aren't all taught in separate classes, however. Bing Jie Xue, a 16-year-old Harrisonburg High School student, took ESL classes until last year. "Some classes like English include only ESL students," Xue said, "but I studied math with all students."

Xue added that she is treated the same in school as every other student, though her closest friends at school have been students with Chinese descent and they don't associate closely with American students. "I don't hang out with them because I don't like to speak English."

see ESL, page 4



MINDI WESTHOFF/senior photographer

Junior Jarrett Ray, chairman of the JMU College Republicans, addresses his organization.

## The Breeze

James Madison University's Student Newspaper

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### MISSION

The Breeze, the student-run newspaper of James Madison University, serves student and faculty readership by reporting news involving the campus and local community. The Breeze strives to be impartial and fair in its reporting and firmly believes in its First Amendment rights.

## POLICE LOG

BY ALICIA STETZER/senior writer

### Suspicious activity

A JMU student reported that while walking in the Varner House area, a maroon pickup truck drove by and a male occupant of the vehicle pointed what appeared to be a firearm at the student Sept. 12 at 7:35 p.m.

### Vandalism

A JMU employee reported graffiti on bathroom walls and doors in Wilson Hall at an unknown date and an unknown time.

### Possession of marijuana

JMU students were charged with possession of marijuana at R1-Lot Sept. 17 at 10:57 p.m.

### Larceny

A JMU employee reported the theft of a balance scale valued at \$148 from Moody Hall between Sept. 1 and Sept. 4 at an unknown time.

A JMU student reported the theft of a wallet from an unsecured cubby at UREC Sept. 14 between 8:45 and 9:50 p.m.

A non-student reported the theft of a Magellan navigation system valued at \$400 from an unsecured vehicle at R1-Lot between Sept. 16 and Sept. 17 at an unknown time.

A JMU student reported the theft of an unsecured navy blue MongOOSE 21-speed bicycle valued at \$100 from a bike rack at Potomac Hall Sept. 17 between 8:15 a.m. and 10 p.m.

### Property Damage

A JMU student reported \$100 worth of damage to a rear quarter-panel of a vehicle parked in C9-Lot Sept. 8 between 11 a.m. and 6 p.m.

A JMU student reported \$300 worth of damage to a rear bumper of a vehicle parked in the parking deck Sept. 18 between 8:30 a.m. and 1:15 p.m.

Number of drunk in public since Aug. 28: 8  
 Number of parking tickets since Aug. 28: 2,089

The Breeze is published Monday and Thursday mornings and distributed throughout James Madison University and the local Harrisonburg community. Comments and complaints should be addressed to Matthew Stoss editor.

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### CLASSIFIEDS

■ How to place a classified: Go to [www.thebreeze.org](http://www.thebreeze.org) and click on the classified link or come into the office weekdays between 8 a.m. and 5 p.m.

■ Cost: \$5.00 for the first 10 words, \$3 for each additional 10 words; boxed classified, \$10 per column inch.

■ Deadlines: noon Friday for Monday issue, noon Tuesday for Thursday issue.

■ Classifieds must be paid in advance in The Breeze office.

## DUKE DAYS Events Calendar

### Alternative Spring Break

Alternative Spring Break Trip Leader applications will be due to the Community Service-Learning office in Wilson Hall, room 204, by 12 p.m. Friday, Sept. 22. Contact [csl@jmu.edu](mailto:csl@jmu.edu) with any questions.

### Senior Class Challenge

The Madison Class Challenge is looking for dedicated, dynamic and motivated seniors to serve as Challenge Captains for the 2007 Challenge. Information sessions will be held Monday, Sept. 25 at 8 p.m. in Taylor Hall, room 305, or Tuesday, Sept. 26 at 8 p.m. in the Allegheny Room in the Festival Center. Visit [jmu.edu/madisonchallenge](http://jmu.edu/madisonchallenge) for more information.

### Fall Career Fair

Academic Advising and Career Development welcomes students to its Fall Career Fair Monday, Sept. 25 in the Festival Conference and Student Center Grand Ballroom from 1 to 6 p.m. Come dressed in professional attire and bring several copies of your résumé. Prepare ahead of time by researching the companies online. This is a great opportunity to meet potential employers and explore job opportunities. For more information, visit [jmu.edu/aacd/careerfair](http://jmu.edu/aacd/careerfair).

### International Festival

Volunteers are needed for the annual International Festival, which takes place Saturday, Sept. 30 from 12 to 6 p.m. and includes food, music, dancing, art, languages, vendors and more. Volunteers can sign up in Wilson Hall, room 204, at the Community Service-Learning office. For more information, visit [jmu.edu/csl](http://jmu.edu/csl).

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**The Breeze**



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Questions? Contact Ted Beidler ([beidler@jmu.edu](mailto:beidler@jmu.edu)) or Robyn Graff ([graffr@jmu.edu](mailto:graffr@jmu.edu))



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## Around Campus

### EBC gives out free recycling bins on campus

Want to recycle? Your apartment complex or dorm didn't provide you with one? Call (540) 434-5928 for your free recycling bin and one will be delivered to your door. It's easy and it's free.

For more information on recycling on campus or in the community, contact [jmueb@gmail.com](mailto:jmueb@gmail.com) or check out the Environmental Business Club every Tuesday at 6:30 p.m. in Showker 204.

### AACD holds Fall Career Fair next Monday

Join Academic Advising and Career Development Monday, Sept. 25 for a Fall Career Fair. This year, the annual event will be held in the Festival Center Grand Ballroom from 1 to 6 p.m.

The career fair is a great opportunity to meet employers and explore job opportunities. Dress is professional attire and résumé copies will be needed.

## In the Valley

### Three women embezzle \$8,000 in Kroger goods

Three women pleaded guilty to felony charges in Rockingham County Circuit Court on Monday for swindling thousands of dollars from a Kroger grocery store by using accounts in the name of two schools and a charity, the *Daily News-Record* reported yesterday.

The women charged \$8,000 in food, cigarettes, cell phone airtime and other merchandise.

The presiding judge accepted their guilty pleas, but won't impose punishment until after they've been evaluated for an alternative incarceration program.

## World & Nation

### Thailand's military overthrows government

According to yesterday's *New York Times*, Thailand will probably not restore democracy for at least a year. The announcement was made by Gen. Sondhi Boonyaratkalin, the commander who seized power in the bloodless coup that took place Tuesday.

Boonyaratkalin offered a political timetable for the country's democratic rehabilitation. An interim government would be chosen within two weeks, he said, and the process of writing a new constitution would follow.

### Five Duquesne basketball players shot

**PITTSBURGH** — Brandon Baynes, 18, is accused of shooting five Duquesne University basketball players at a party, the Associated Press reported yesterday. He and William Holmes, 18, are charged with aggravated assault, criminal conspiracy and weapons charges.

Baynes and Holmes crashed a campus dance sponsored by the Black Student Union.

Three basketball players remained hospitalized following Sunday's shootings. Neither teenager attends Duquesne, university officials said.

### President Bush dubbed 'the devil' by Chavez

**NEW YORK** — On the floor of the U.N. General Assembly Wednesday, Venezuelan President Hugo Chavez called President Bush "the devil."

"The devil came here yesterday," Chavez said, referring to Bush's address on Tuesday and making the sign of the cross. "He came here talking as if he were the owner of the world."

Ambassador John Bolton told The Associated Press that Chavez had the right to express his opinion, adding it was "too bad the people of Venezuela don't have free speech."

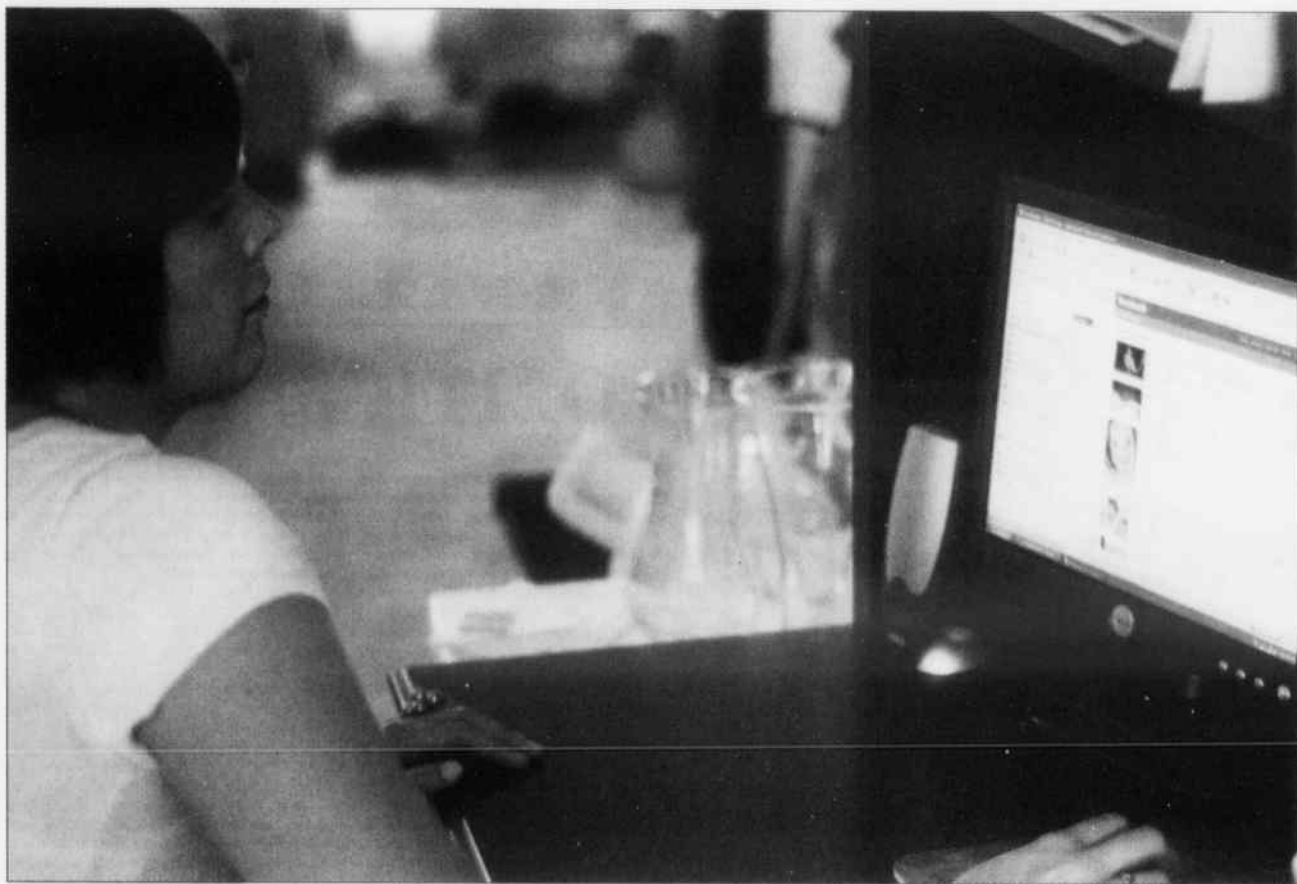


photo illustration by EVIN SHOAP/senior photographer

According to a *USA Today* article, Facebook intended to expand registration last week. The Web site will eventually add regional networks all across the country.

# A Facebook free-for-all

BY BECKY MARTINEZ  
staff writer

Campuses across the country are riddled with a fierce addiction that consumes its students. But soon, thanks to the crafty minds behind Facebook, everyone with an e-mail address will be able to get in on the habit.

Originally, only students within the network of their college could join Facebook, meaning anyone without a ".edu" e-mail address was barred from viewing member pages. Last September, high school networks were allowed to join, followed by work networks in May. Now, Facebook plans to extend its user database to regional networks and anyone with Internet access will be able

to log on.

Facebook intended to launch regional membership last week, but because of user backlash regarding the new "news feed" and "mini-feed" features, which display each user's online activities to friends in the form of headlines, the company's efforts turned toward creating privacy controls for those features, according to a Sept. 11 *USA Today* article. There is no set date for the expanded registration, Facebook spokeswoman Melanie Deitch said in the story.

In the wake of the site's consistent expansion, students, who make up an enormous portion of the 9.5-million-user database, meet Facebook's loss of exclusivity with mixed reactions. A primary concern among JMU students

includes the availability of personal information to unfamiliar, non-student users.

Sophomore Jason Kopp compares the new Facebook with MySpace — another networking site that allows users to view the pages of other members, even without invitation.

"It shouldn't be exactly like MySpace," Kopp said. "MySpace has really creepy old men trying to talk to younger girls, guys who claim that they're 20 and turn out to be 55."

At last Thursday's CPNewsLink conference for college journalists on Thursday, Facebook spokesperson Chris Hughes said that while regional users can maintain mutual friendships with people they know, the site will

only connect members with other users within their region and allow them to change their declared region every few months. These conditions, he said, are intended to curb deceptiveness among strictly regional users.

Senior Alex Meador, who does not have a MySpace account, is not bothered by Facebook's expansion because her non-student friends might join and she would be able to keep in touch with them through the site's profile-viewing and messaging capability.

"I like that the profiles are basically limited to your school [network] unless an outsider becomes your friend," Meador said. "That protects me as

see FACEBOOK, page 4

## Policy reins in part-timers

BY BEN BAYNTON  
contributing writer

Dana Flage, part-time professor of the foreign languages department for 12 years, said she feels JMU should drop part-time instructors as the school deems fit.

"This clause in contract to dismiss part-time faculty is like an insurance policy," she said. "If enrollment is too low, they need to be able to drop the instructor."

Flage fears she could lose her job due to the new policies set forth by the American Association of University Professors, which would require universities to promote to full-time professors or fire part-time instructors after seven years. Flage said she is at a disadvantage because she only has a master's degree. English professor Peter Johnson said only half of those who have new doctorates are hired.

Some faculty believe temporary faculty are sometimes exploited.

"I think they [part-time instructors] should get the same benefits [as full-time instructors]," said mathematics professor Peter Kohn.

The AAUP is an advocacy group for college instructors and has 40,000 members nationwide. The AAUP has codified its guidelines — the Recommended Institutional Regulations that set the bar for compensation of instructors.

The group recently released these proposed guidelines that would make it harder to dismiss part-time instructors. The group's

proposed guidelines would require a university to have a hearing if the university wanted to dismiss a part-time instructor before the end of their term of employment. Currently, JMU part-time instructors can be dismissed at any time during the year by written notice.

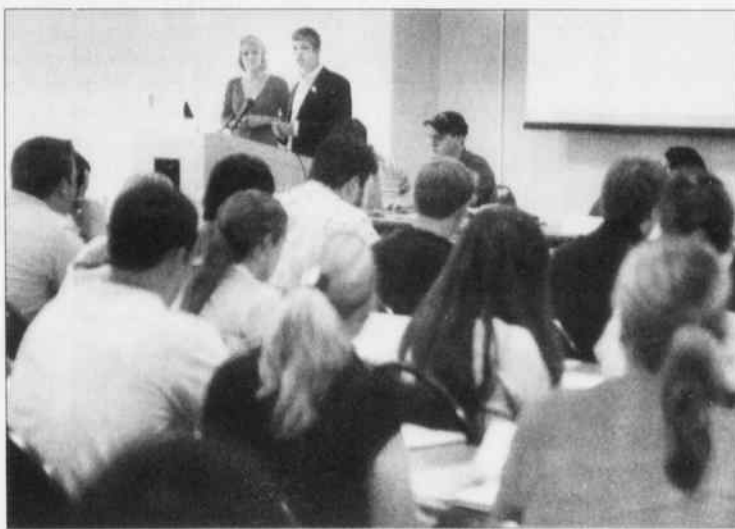
Several of the proposed guidelines are already in effect at JMU, though. Part-time instructors have written copies of their contracts and they are given at least several months notice of whether or not their contract will be renewed.

The last proposed guideline is a divisive one. It would require complying universities to perform a substantial review of the part-time instructor after seven years of part-time teaching. At the end of this review, the university would have to either move the part-time instructor to full time, or dismiss them.

Most professors agreed with Flage, that instead of focusing on job security, "[The AAUP] should be pushing for better insurance coverage or payment for part-timers."

These guidelines will be included in the Recommended Institutional Regulations at the next AAUP national meeting. The date of the meeting is undetermined.

While JMU is in compliance with AAUP guidelines thus far, the proposed guidelines go far beyond the current security of part-time instructors. These proposals also eliminate the convenience of part-time instructors, according to some.



SUSAN SOMMERFELD/contributing photographer

Speaker of the Senate Stephanie Genco (Sr.) and Student Body President Brandon Eickel (Jr.) preside over Tuesday's Student Senate meeting.

## House rules rouse debate

BY HEATHER COHU  
contributing writer

Tuesday's Student Senate meeting was filled with debate over the approval of the House Rules for the 2006-07 academic year.

The debate was initially sparked by a student senator who felt the wording of a rule concerning the posting of attendance records on the Student Senate's Web site was too vague. A motion was made for an amendment to be made on the rule.

Rather than state, "All attendance records will be posted on the SGA Web site in a timely manner after the senate meeting in question," it was proposed that the rule state "All attendance records will be posted on the SGA Web

site within two weeks of the senate meeting in question."

The amendment passed 39-36.

Debate within the Student Senate soared when yet another amendment to a rule was proposed. The proposed amendment was to allow members three unexcused absences from committee meetings as opposed to two unexcused absences, though it proved to be controversial among the body.

"If we're here because we want to be, then we shouldn't be increasing the number of times that we skip out on committee meetings," Sen. Lauren McPherson (Sr.) said.

Before the body could get around to making a formal vote on the amendment to the rule, it was realized that at this point in the meeting, quorum

was not able to be reached. Only 65 out of the 98 senators were present. Two-thirds of all senators must be present in order for quorum to be met, and bills and amendments cannot be voted on if the quota is not met.

Speaker of the House Stephanie Genco (Sr.) said, "This can be a big lesson for everyone. Make plans to attend full senate meetings."

While quorum was met earlier in the meeting, the body passed a University Program Board reserve bill submitted by Sen. Julianne Maguire (Sr.). The bill allows for the Finance Committee to allocate \$248.10 from the organization's reserve account toward the purchase of Macromedia Studio 8 software.

see SGA, page 4

## FACEBOOK: 'Limits creativity'

**FACEBOOK**, from page 3  
much as I want. I also don't put up information that I don't want other people to see."

Cimmarron Craig, a sophomore at Blue Ridge Community College and co-manager of the Honors Lab at JMU, has accounts on both Facebook and MySpace. He said he is not bothered that Facebook is becoming less exclusive in its availability.

Craig said MySpace allows users to do a lot with HTML and changing the appearance of a page, and is "scene-inclined" because a lot of bands have MySpace pages.

And, he said Facebook limits creativity with a user's profile.

Facebook is school-inclined, dealing with information about off-campus parties; who's doing what and where. He added that it allows users to connect with people they normally would not see.

Because he sees a separate niche for each site, Craig does not think Facebook is changing its style to compete with MySpace. Instead, allowing everyone to join the site will prove to be more of a hassle for the Facebook company.

"I think it's unnecessary," Craig said. "They're just creating more work for themselves to put more restriction between groups. [Non-students] can use MySpace or another Internet community. If I were Web manager of Facebook, I would just leave it."

*"I think it's unnecessary. They're just creating more work for themselves."*

— CIMMARON CRAIG  
BRCC sophomore

## ESL: Largest group from Mexico

**ESL**, from front

Xue's mother, Chen said, "The teachers are all very good and very nice." She makes sure, however, that her daughter is treated differently from other students. "Compared to the Chinese education style, the American education style has less homework," Chen said. She requested that her daughter receive more homework.

Certain schools within the Harrisonburg City Public Schools have a higher concentration of LEP students than others. Spotswood Elementary School stands at the school with the highest concentration at 48 percent. Harrisonburg High School and Thomas Harrison Middle School have more LEP students than the other schools, but are tied at a 30 percent LEP enrollment and stand as the schools with the lowest concentrations.

The highest group of interna-

tional students hails from Mexico and constitutes 14 percent of the international student community. Furthermore, the Spanish language is the foreign language most spoken in Harrisonburg public schools. The Harrisonburg City Public Schools Web site confirms that 1,026 students, 72 percent of the international student population, speak Spanish.

This large number of Spanish speakers has had a visible impact on the school system. Jackie Ciccone, Director of Program Operations at JMU's Office of International Programs, is a mother of children in the Harrisonburg school system, who noticed some changes. Ciccone said, "[The schools] send home the calendars and all the instruction on the fronts is in English and the backs are in Spanish."

## SPINACH: Supermarkets take extra precautions to protect consumers

**SPINACH**, from front

Other supermarkets have also taken extra precautions to protect consumers. "I was in [Food Lion] the other day, and they had signs up warning people about the problem," senior Justine Emilio said.

Students at JMU won't be finding spinach available at any of the dining facilities around campus either. Stephanie Hoshower, the Director of Dining Services at JMU, said after the FDA issued the alert regarding

spinach last Friday, Dining Services made the decision to stop offering spinach in the dining halls.

"In response to the alert issued by the FDA, we immediately stopped using all products containing spinach," Hoshower said. "We will not offer these options as part of the dining program until the FDA proclaims the products safe and consumer confidence is restored."

E. coli causes those who become infected with it to develop diarrhea that is of-

ten bloody and accompanied by abdominal cramps. While most people recover within a week, some people develop a form of kidney failure known as hemolytic-uremic syndrome. It can lead to death, particularly in very young children and the elderly. The CDC reported 18 people out of the 114 known E. coli infections developed the syndrome.

Although there has been no proven evidence that any one brand of spinach is responsible for the outbreak,

the company Natural Selection Foods, LLC is voluntarily recalling all of their products that include spinach, that contain "Best if used dates" of Aug. 17 through Oct. 1, according to the Natural Selection Foods Web site.

Currently, the FDA and CDC are still investigating the outbreak. Individuals who believe they may have come into contact with contaminated spinach and feel ill should contact their health care provider immediately.

## POLITICS: Tussle over 9/11

**POLITICS**, from front

of the United States who acted heroically in a time of need, but then moved onto information about the War in Iraq.

Bush answered the question of why the United States is in Iraq if Saddam Hussein was not responsible for the Sept. 11 attacks, saying that "the regime of Saddam Hussein was a clear threat."

The president went on, describing what is still necessary in Iraq and why it is important for the American people to stand together in supporting the war effort and democracy across the world.

Bush also warned Osama bin Laden and other terrorists at large, issuing a polemic saying "no matter how long it takes, America will find you and we will bring you to justice."

Reactions to the speech were varied. Democrats claimed that the president used the speech as an attempt to seek

support for an unpopular war. This sentiment was expressed in a letter to the major TV networks by Senate Minority Leader Harry Reid and House Minority Leader Nancy Pelosi. It stated that Bush used this speech as a platform to boost sagging poll numbers.

The JMU College Democrats agreed. Junior Jamie Lockhart, secretary for the College Democrats, said, "I think that September 11, 2001, was a day of great tragedy and that all Americans should stand together in remembering those that died, not in using the day to further political agendas."

Republicans praised Bush's speech as strong and willful, accusing Democrats of turning the event into a political issue themselves. House Majority Leader John Boehner, in a *Washington Post* article, wondered if the Democrats were "more interested in protecting the

terrorists than protecting the American people."

Many Republicans feel the Democrats politicize the events themselves by encouraging division about terrorism and the ongoing War in Iraq.

"House Leader Boehner was probably too defensive when he made the claim that Democrats support terrorists vis a vis their attacks on America's anti-terror policies," said JMU College Republican Chair junior Jarrett Ray. "However, past the obvious politicking of Boehner's statement, I think he does have a point that Democrats have been the ones to politicize the War on Terror."

Poll numbers following Bush's Sept. 11 speech peaked for several days around 47 percent, but slowly fell to average around 40 percent in the last three days, similar to pre-Sept. 11.

## SGA: Debate adversely affecting senate

**SGA**, from page 3

ware for UPB. Near the close of the meeting, David Allen (Sr.), director of Government Relations, voiced his opinion on how debate between members of the body was adversely affecting the Student Senate. "We are disabling

ourselves from being effective," he said.

But the meeting was not complete until the announcement of SGA's nominees for Mr. and Ms. Madison, which is awarded to one graduating male and one graduating female. The recipient of Mr. and Ms. Madison award will be the two seniors

that embody JMU to the greatest degree. Vice President of Student Affairs Aimee Cipicchio (Sr.) declared Allen and senior Emily Watkins two of this year's nominees. Winners of the award will be announced during halftime at the Homecoming football game Oct. 29.

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## House Editorial

### Oops...

If we're going to torture detainees, the least we can do is torture the right guys



Many a wise man — and a few not-so-wise men — have agreed in the 20th and now 21st centuries that torture is bad. The United Nations has gone through numerous years of debate and legislation to determine that cruel and unusual punishment is not something we as organized, civilized and intelligent humanity want to be a part of.

Apparently, the U.S. government is still on the fence.

Maher Arar, a 36-year-old Canadian citizen of Syrian descent and software engineer, was arrested in New York in September 2002 by U.S. police while returning from the Middle East where he was on holiday and sent to a prison in Damascus because he was suspected to be a member of al-Qaeda.

Arar claimed he was repeatedly tortured while being imprisoned for a year — a claim supported by Canadian Judge Dennis O'Connor, whose report on Arar's situation was released Monday.

In the report, O'Connor found that the Royal Canadian Mounted Police incorrectly told U.S. police Arar was an Islamic extremist. Arar was arrested with three other men, and it has been speculated Canada may be outsourcing its interrogations to countries with less-than-rigid definitions of torture.

Aside from the fact that torturing prisoners of war not only violates popular sensibility and the Geneva Convention, Arar was innocent. He wasn't a member of al-Qaeda. While being Muslim, he

wasn't extreme, and his day job as an Ottawa computer geek was his only job.

Oops. And remember that list of countries vaguely defining torture? Add the United States and Canada to that.

Torture is decently persuasive and probably useful within the incredibly dangerous world of which Americans are told they're a part. But in the long term, it only hurts our eventual cause. In war, there is always time for retaliation, and it's not the U.S. police who absorb its brunt. It's the soldiers on the ground in Iraq and Afghanistan. When fighting a war against perceived "evildoers," it'd be a good idea to not do evil ourselves, and if we do, at least do it to legitimate evildoers.

Canadian Public Security Minister Stockwell Day, who is essentially in charge of all law and order, said he was satisfied his countrymen had not played a direct role in Arar's ordeal. He seems to have omitted the part where the Mounties gave U.S. police the bad information that led to Arar's arrest and subsequent imprisonment.

In Day's defense, he did acknowledge, "What happened to Mr. Arar is very regrettable" and he hoped it never happened again.

It seems, though, wrongly arresting, deporting, imprisoning and torturing an innocent man in a desert prison for a year may deserve more than mere regret.

Hopefully, someone higher-ranking than Day notices.

Through Murky Waters

## Media drama queens

The public loses when news doubles as entertainment

BY ALEX SIRNEY  
senior writer

The media has gotten very good at dropping bombshells on an unsuspecting public — there's a new crisis, tragedy or emergency situation. The business of alarm has become the focus of the media, and it's this business mentality that drives down the general public.

Anyone can see that the 24-hour world of journalism has become prone to sensationalizing stories that are attention-grabbers, broadcasting them constantly with ever more banal updates — look at the Iraq war as a mega-time sink, or at the over-dramatic response to every vicious crime as a minor attention-getter.

Lurid stories get grabbed by all the networks, covered, updated and finally beaten to death on national television while important issues are ignored. As tragic as the JonBennett Ramsey case was, it is far less tragic or socially relevant than the persistence of poverty in this country, the spread of AIDS or any of hundreds of social issues — and the JonBennett case was still being covered a month ago.

Admittedly, some of these stories have been written, but not given nearly the saturation of coverage as the ones pop culture has produced. Now it falls to the responsible media consum-

*An informed public raises too many questions about why things happen and the answers may end up shaking the foundations of power. Instead, the media gives what the public thinks it wants — entertainment and overwhelming coverage of the few sensational stories available.*

er to look carefully at the product and try to figure out what isn't part of the package. While the media is selling us war, propaganda, sensational murders and celebrity babies, what are we missing? What stories aren't being covered because they won't sell as well?

The conspiracy side, of course, says that many important and relevant stories are intentionally overlooked so that the public never finds out about them. It's easier and more profitable to sell the entertaining scandals, violence and sex that everyone loves without ever demanding anything but a tapioca mind and willing wallet from the view.

An informed public raises too many questions about why things happen and the answers may end up shaking the foundations of power. Instead, the media gives what the public thinks it wants — entertainment and overwhelming coverage of the few sensational stories available.

This process happens after every major event — even the Sept. 11, 2001 attacks and the war on terrorism are over-covered to the point of desensitization. The same thing can only be said so many times before the public response is "I don't care" or "I can't take this anymore." At this point, many people would accuse this uncaring public of irresponsibility, but it's the news media that desensitized its emotions and responses to the point of apathy.

The moment the choices about what and how much to cover are based on attracting viewers rather than reporting the news is the moment the public starts to lose its battle for relevant information.

Of course, the real tragedy is that the public doesn't turn on C-SPAN instead of CNN because the media is perfectly in tune with what the viewers want. Someday, maybe the public will realize that there is more to life than bloody pictures and scant analysis.

Until then, it falls to the media to behave responsibly. They make the choice every day about what to cover and, if the public is to remain informed, they need to stop selling themselves as entertainment.

Alex Sirney is a senior anthropology/SMAD major who welcomes feedback at sirneyac.

Submit Darts & Pats online at [thebreeze.org](http://thebreeze.org), or e-mail submissions to [breezedp@hotmail.com](mailto:breezedp@hotmail.com).

Darts & Pats are submitted anonymously and are printed on a space-available basis. Submissions are based upon one person's opinion of a given situation, person or event, and do not necessarily reflect the truth.

## DARTS & PATS

A "next-time-make-them-scrambled-with-a-side-of-bacon" dart to the drunken guy who threw an egg at my bedroom window.

From a disgruntled junior who wishes she could have spent her Tuesday night watching "Gilmore Girls" instead of scraping egg off the glass.

A "library-means-'no-talkie'" dart to the vocal majors who choose to chit-chat, laugh and/or sing daily in the music library.

From all of your fellow disgruntled and over-worked music majors who all need a place to do their 24 credits worth of homework.

A "JMU-used-to-be-about-class" dart to the freshman who had the audacity to cut in line at Sbarro's.

From an aggravated junior who wants you to know that just because "you're in college now" doesn't mean that you are God's gift to the world.

A "way-to-give-female-drivers-a-bad-rep" dart to the girl who had no one in front of her while trying to parallel park, still managed to back into another car and then drive away.

From an angered sophomore girl who cannot beat the stereotype when there are people like you behind the wheel.

An "I-thought-sleep-was-popular-these-days" dart to an obnoxious group of people who thought it would be fun to yell like lunatics for 20 minutes at four in the morning.

From a student who, unlike them apparently, enjoys her beauty sleep before early-morning classes.

A "do-I-look-like-I-have-udders?" dart to JMU for chaining us in like cows with all the random sidewalk fences.

From a sophomore girl who isn't going to let a stupid chain keep her off the grass when she's running late.

Through the Looking Glass

## You don't know me, FCC

College radio smothers under federal restrictions and decency codes

BY SARAH DELIA  
staff writer

Flip that radio dial round and round and you may discover something unbeknownst to most JMU students — we have a radio station. Yes, my fellow media driven friends, the digits 88.7 are a combination of numbers that represent not only the JMU radio station or a camaraderie shared by all those involved with WXJM — but also the celebration of the free and spoken word. However, organizations such as the Federal Communication Commission, believe that the "best things in life are free" and demand retribution in the currency form of censorship.

According to the official FCC Web site, the government agency was "established by the Communications Act of 1934 and is charged with regulating interstate and international communications by radio, television, wire, satellite and cable."

This means that the FCC deems what is appropriate for all radio shows in each of the 50 states. Consistency, important while mixing batter for a cake and very crucial when paying monthly bills, is immensely constricting when dealing with a variety of different types of radio station in each state, it does nothing but restrict and confine the first amendment. All but one state could find a certain topic suitable for the radio, but if that last state disagrees, all states must comply so everyone is 100 percent in uniform — and extreme polar opposite states such as New York and Virginia will definitely have different opinions of what is appropriate.

There are about seven words that are not allowed to be breathed while on air, if a DJ or a caller accidentally drops an "F-bomb" and someone is listening, gets of-

fended, and reports it to the FCC (which has happened to numerous college radio stations, including our own) the station can be fined thousands upon thousands of dollars. Since college radio is independently run, the organization would have to look to the university for financial support and in turn, the university would do one of two things: pay the fines and take control of the switchboards themselves, or pay the fines and shut the station down, leaving the student body without any voice floating over the airwaves. WXJM general manager Jess Siemen points out that the station is staffed completely by volunteers, and therefore "we cannot afford to pay FCC fines when someone slips up." It only takes one person to mouth a four-letter word for the entire station to be locked up and for the switchboard to never light up again.

The limitations on speech weigh down college radio, binding the mouths and plugging the ears of DJs and listeners. Siemen notes for several genres of music, it is a true struggle to find topics to discuss and music to play: "it is very difficult to play shows according to FCC guidelines regarding profanity. Half of the music we could share is deemed unacceptable. Our audience is not getting the true meaning of the music genre."

Many of the "profane" words or concepts not allowed to be breathed on air are common topics discussed on shows such as "Grey's Anatomy" for sexual content, "South Park" concerning language, and even the History Channel or the news involving its graphic content. If topics including sex, "inappropriate" language and violence can be shown in visual forms on the television, why not on air?

If I see something that I do not particularly care for

on my TV screen, I grab the remote and flip the channel. But the show is still on, and other people are watching the program because they find something appealing about it. Neither of those two facts should, nor does it, bother me because I have the power to stop watching at any given time. Turn your radios down if what a DJ or caller says bothers you, but in a time of war, radical social changes and political confusion, this is the perfect time to sit back and listen — least of all censor.

Sarah Delia is an English and art history major who believes in the written word, the spoken word and any word in general.



*The limitations on speech weigh down college radio, binding the mouths and plugging the ears of DJs and listeners.*

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While the extremes of this unwanted behavior are not commonplace at JMU athletic events, we are all responsible to join together as a team to represent JMU as a high class institution. We encourage all Dukes fans to Be Loud ... Be Proud ... Be Considerate.

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## Letters to the Editor

## Time to act classy, JMU

As JMU's head football coach, I would like to thank our team's many supporters within the student body and ask for their help as we continue to build a program for which everyone associated with our outstanding university can be proud.

The support we receive has been a vital part of our success, particularly during and since our drive to the national championship two years ago. Few programs can boast of the backing our Dukes receive. Our students turn out in great numbers, and their enthusiasm and energy does not go unnoticed by our players.

We want that enthusiasm to continue, and even increase, but we also want to encourage our students to support us in a manner that represents them and JMU positively. Inappropriate language and gestures directed at our opponents not only reflect poorly on all of us as a university, they are also a concern for other fans and guests, many of whom attend with children.

We don't seek to put a damper on student spirit, but we ask that the enthusiasm be conveyed in an appropriate manner. Support of our football team can be outstanding and creative without being rude or abusive.

We ask that our students be there for us, be loud and creative and continue to make Bridgeforth Stadium/Zane Showker Field as much of a home-field advantage as it can be. Just do so in good taste.

Everyone associated with JMU football hopes to see all of our students Saturday when we play Northeastern.

Mickey Matthews  
JMU football coach

## Student Duke Club acts above the belt

Shocked and astonished. These were my feelings after reading an article in *The Breeze* on Sept. 7 about the "sketchy" JMU Duke Club. This article presents a skewed picture as to why the Duke Club requires a tax-deductible donation to obtain tickets in certain sections of Bridgeforth Stadium for Family Weekend.

First, Family Weekend always sells out; this has happened even before our football team became national champions.

Second, student ticketing also hasn't changed. For the three years that I have attended JMU, a paper ticket was needed for Homecoming and Family Weekend. All a student has to do is show their JAC Card at the ticket office in the Convocation Center. This year is no different. Students can pick up their Family Weekend ticket starting Sept. 25.

For other fans, such as JMU parents, there have always been two ways to buy tickets: first, by purchasing a general admission ticket, and second, by purchasing a Duke Club priority section ticket. The second way has existed as long as the Duke Club has been around. One only has to pay a \$50 tax-deductible donation to become a Duke Club member and have access to the priority section tickets.

Football tickets went on sale March 1, and all general admission tickets sold out quickly, which meant the only option for anyone looking

for tickets was to join the Duke Club. The Duke Club made the decision to hold all of its tickets for parents, not for alumni or other fans.

The Duke Club is a huge part of the JMU athletic department. It raises an enormous amount of money for student-athlete scholarships. Any \$50 "surcharges" described are not an additional "ticket fee." Rather, a ticket in the priority section is a Duke Club member benefit and the \$50 Duke Club membership funds scholarships for my peers.

Paige Sumner  
spirit/social director, Student Duke Club  
junior management major

## Dixie flag symbolizes hatred and history

I feel compelled to respond to the letter by Mr. Clarkson and Mr. Braswell concerning the Confederate flag. They set up what appears to me to be a rather simplistic argument. They cite the historical use of the flag outside of and prior to its employment in white supremacist organizations as evidence that the flag is not a hate symbol. While such prior use legitimates the right of those who invoke it for Southern heritage, it does not nullify its equally symbolic use as a symbol of white supremacy and slavery by others.

The swastika existed before the Nazi period as a positive spiritual symbol in some ancient religious systems. Despite that, I'm not sure most people would excuse its present use on the grounds of that earlier history or deny that others would see it as a symbol of Nazism or fascism, particularly Jews who were victims under its reign. I personally have no problem with those who see a symbol as positive, but their perspective does not in some way invalidate those who see it differently. In fact, both interpretations are equally legitimate and it is the attempt by either side to impose their interpretation on the other that is the problem.

The Rev. Dr. Nikitah Okemba-RA Imani  
sociology and anthropology associate professor

## Editorial Policies

Responses to all articles and opinions published in *The Breeze* are welcomed and encouraged. Letters should be no longer than 250 words, must include a phone number for verification and can be e-mailed to [opinion@thebreeze.org](mailto:opinion@thebreeze.org) or mailed to MSC 6805 G1, Anthony-Seeger Hall, Harrisonburg, VA 22807. *The Breeze* reserves the right to edit all submissions for length and grammatical style.

*The house editorial reflects the opinion of the editorial board as a whole, and is not necessarily the opinion of any individual staff member of The Breeze.*

Editorial Board:  
Matthew Stoss, editor in chief  
Caitie White, managing editor  
Brian Goodman, opinion editor

*The opinions in this section do not necessarily reflect the opinion of the newspaper, this staff or James Madison University.*

## Breeze Perspectives

## Spain takes a baby step in the right direction

Weight regulations on the catwalk make for a healthier playing field for us all

BY JESSICA NOVAK  
contributing writer

Though we are living in a world consumed by a war on terrorism, there are other battles ensuing. They may not be on battlefields of sand or fought with chemical weapons or fighter jets, but similarly, they are fought every day and all over the world. Like terrorism, the battle is not against a single guilty person or party, but against an ideal that poses a threat to those in opposition. Though my subject is in no way related to terrorism and in no way on the same scale of political importance, it's a topic faced even more regularly and even more stealthily than the terror we hear about on the news, and Spain is taking steps to do something about it.

Though many may scoff at the comparison of a war on terrorism to a war on female portrayals in the media, the effects and problems are nothing to brush aside. This is why Spain's newly introduced supermodel regulations on size are a small victory for women the world over, but a step in the right direction nonetheless.

The new regulation holds that any supermodel above the height of 5-foot-7 must weigh at least 123 pounds and have a BMI (body mass index) of at least 18. While these dimensions still sound unimaginable to the majority of the world's population, considering the average size of a supermodel in the past has been 5-foot-9, 116 pounds, Spain is moving in the right direction.

Reasons for the regulations vary. The debate began over whether supermodels were depicting a healthy image of what a female should ideally look like, and in some capacity as a response to the sudden death of 22-year-old supermodel Luísel Ramos, who died of a sudden heart attack as a result of her three-month long, less-than-adequate diet of lettuce and Diet Coke. After Ramos's death the motion was taken to protect the health and well being of the models themselves.

But the motivations behind and yet to be

seen repercussions are perhaps what will catch even more attention.

Women in the media are served little justice, and observing females fall victim to that picture-perfect portrayal whether they admit it or not. I commend the women reading this who are confident enough to say they can honestly look at a magazine or walk around this campus without comparing themselves to that unattainable "standard."

*Women in the media are served little justice, and observing females fall victim to that picture-perfect portrayal whether they admit it or not.*



However, most of us cannot ignore that seemingly inbred feeling of inadequacy.

Realizing the sensitivity of the issue, I am in no way saying women are incapable of being happy with themselves the way they are or appreciating themselves for all of their qualities, not simply which pants size they wear. Rather, I welcome Spain's small but bold attempt to somehow change the world's "standard" of how a woman should look. Regardless of how I or any other woman feels about herself and her body, the image is out there and it's everywhere. The point is that change is taking place, and perhaps we as a worldwide society are finally taking notice to the eating disorders and depression surrounding us as a result of an unsympathetic media.

This is not an unjustified accusation of malice toward media giants, but it is also not a commendation. It is not a statement revealing that women judge themselves solely on how much they look like their favorite supermodel or just another pretty girl in class. It is, however, a proud moment for those trying to change the world one girl, one life and one pound at a time.

Jessica Novak is a sophomore communications major.

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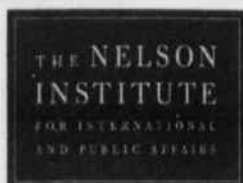
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1					2	7	8	
8								4
				4				3
			5	3	7			
	5			9				
	2							7
	7	9	1					2
						9	1	3

**Rules:** Fill in the grid with the numbers 1, 2, 3, 4, 5, 6, 7, 8, and 9 so that in each row, each column, and each of the three-by-three squares, each number appears exactly once. There is only one correct way to fill in the grid.

**Difficulty:** ★ ★ ★ ★ ★

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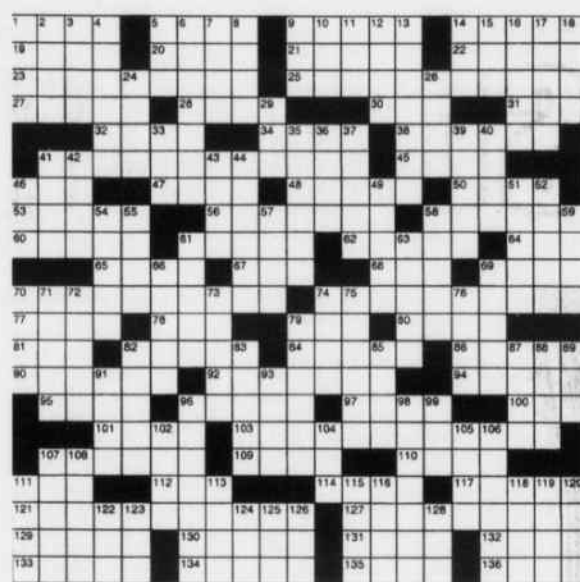
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#### ACROSS

- 1 Like some cellars  
5 Fosse's friends  
9 - acid  
14 Actress Witherspoon  
19 Gulf ruler  
20 Computer command  
21 Word with coffee or linen  
22 Intense  
23 Writer born 1/1/1879  
25 Bandleader born 1/1/1900  
27 Soprano Anna  
28 Facts, for short  
30 Diocese  
31 Flagon filler  
32 Vacation location  
34 Cease  
38 Join the leisure class?  
41 General born 1/1/1745  
45 Adored one  
46 Paid player  
47 Athenian arcade  
48 Musical movement  
50 Madison's st.  
53 Wrong  
56 Splitting headache?  
58 Donkey's declaration  
60 Flapjack sauce  
61 Tacitus' tongue  
62 Glue guy  
64 Eggs  
65 Fancy fabric  
67 Nationality suffix  
68 Boat house item  
69 Secular  
70 Patriot born 1/1/1735  
74 Comic born 1/1/1943  
77 TV's "McBeal"  
78 - Tin Tin  
79 Welcome item?  
80 Norse deity  
81 Deteriorate  
82 More delicate  
84 Singer John  
86 Marking post  
90 Henson amphibian  
92 Deceive  
94 Riyadh resident  
95 "I Am ... I ..." ("71 song)  
96 Japanese city  
97 Amazes  
100 Smith or Stout  
101 A swan was her swain  
103 G-man born 1/1/1895  
107 "Petrouchka," for one  
109 Novelist Seton  
110 Memo start  
111 Fumble  
112 Supporter



#### DOWN

- 114 Nice or Newark  
117 Abate  
121 Actor born 1/1/1909  
127 Seamstress born 1/1/1752  
129 Buttercream, e.g.  
130 Northern hemisphere?  
131 - podrida  
132 Ages  
133 "Lovegirl" singer Marie  
134 Like the Taj Mahal  
135 Viewed  
136 Skillful
- ner  
24 - Hashanah  
26 Stalk  
29 Actress Massen  
33 - Alamos, NM  
35 Power or Guthrie  
36 - about (approximately)  
37 Carnaby Street currency  
39 London landmark  
40 Nastase of tennis  
41 Bunch of battalions  
42 Film -  
43 Jedi instructor  
44 Restaurant employee  
46 - de deux  
49 Actor Alain  
51 Shallow area  
52 Find fault  
54 Tarnish  
55 Practice punching  
57 Workbench attachment  
58 "Salome" character  
59 Texas city  
61 "The Stepford Wives" author  
63 Massenet opera  
66 Earn  
69 "The Threepenny Opera" star  
70 Transmission setting  
71 Fugard's "A Lesson from J"  
72 Marine leader?  
73 Foe
- 74 Buttermilk's mistress  
75 Canada's capital  
76 Bigwigs  
79 Tune  
82 - Castro  
83 Sangria wine  
85 Scent  
87 Entice  
88 Central European river  
89 Veto  
91 Grain grinder  
93 British gun  
96 Kind of grasshopper  
98 Carve  
99 Every guy is one  
102 College hotshot  
104 Cumberland -  
105 French airport  
106 Swerved  
107 Clamp  
108 Football's Herber  
111 Touch up the text  
113 Therefore  
115 Bassoon relative  
116 Depend (on)  
118 Made tracks  
119 Lofty initials?  
120 Classroom sound  
122 Jillian or Sothorn  
123 Khan opener?  
124 New Haven hardwood  
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# Strum this

## A simple guide to learning the guitar

BY JACOB WILSON  
contributing writer

Have you dreamed of being a guitar god, playing like Jimi Hendrix and Eric Clapton, but never found the time to learn? Have you wanted to learn to play your favorite song, but didn't want to pay for expensive lessons? Learning to play the guitar is a challenge, but it's not as hard as you may think — and you don't have to pay anybody to teach you. All you need is the right equipment, about 20 minutes of free time a day, Internet access and a little bit of patience to start on the path to mastering guitar.

### Getting Ready

To start, you'll need a guitar, obviously.

However, you probably shouldn't go out and buy a brand-new one until you get more comfortable and knowledgeable about guitars. Once you do find out what you like in a guitar, you can go out and spend as much money as you want on one, but for now, try to borrow a friend's guitar. If that doesn't work, you can either rent a guitar or buy a cheap one.

Once you have a guitar, you need to find adequate seating. This is important because you'll be spending about 20 minutes a day practicing and you want to be comfortable. You can't sit on a chair with arms and play guitar, so you need to find a stool or armless chair of average height.

You'll also need to get a few guitar picks. You can buy some at a local music shop — they're very cheap.

The last thing you'll need

is patience. This will be invaluable if you plan on sticking with it.

### The Basics

First, you must hold the guitar correctly to play it correctly. If you're right-handed, position the guitar on your right thigh so that its back rests against your stomach and chest and the thickest guitar string is uppermost. The neck of the guitar, the skinny part, should point straight out to your left. If you're a left-handed person, you need to use the opposite and you'll also need a guitar that is strung properly.

Once you're comfortable with the guitar in your lap, get out your pick. You need to hold it in your right hand, between your thumb and pointer finger. Position your fingers so that they cross at right angles and the pick is pinched between the pads of each finger. Remember to make sure the pointed end of the pick is aimed at the strings. Try a few strums to get a feel for how firmly you need to hold the pick.

Now it's time to concentrate on your left hand. You'll be using your left hand to finger the strings and make actual chords and scales on the neck of the guitar. At first, it's a good idea to just practice pressing down a single string with one finger and pick that string with your right hand. Once you've gotten a feel for how much



photo illustration by EVIN SHOAP

pressure you need to use to produce a sound, you can start learning chords and scales. The easiest way to do this is to use some of the fantastic resources available online.

The Web site [lookmohands.com/chordhouse/](http://lookmohands.com/chordhouse/) shows you what the fingering is for any chord. A good first chord to learn is G, so select G and take a look at the pictured guitar neck. To read the fingering chart, keep in mind that the strings shown on the left are the thickest, corresponding to the strings on your guitar nearest your face. The numbers shown represent your fingers, with 1 being your pointer finger,

see GUITAR, page 11

## Major television networks promise plenty of entertaining debut shows

This fall's TV lineup features familiar faces in front of, behind the cameras

BY JESSI GROOVER  
contributing writer

As the fall season approaches, football games commence, the leaves on trees begin to change colors, the climate drops, and of course, the new television shows premiere.

This year's fall season is like any others in the past with its variety of drama and comedy, but, for the first time in awhile there is less emphasis on reality television shows.

With the success of shows like "Desperate Housewives" and "Grey's Anatomy," ABC looks to be stiff competition with its amount of new television shows that bring back familiar faces and premiere new ones to small-screen audiences.

One of the most highly anticipated shows is "Brothers and Sisters," which stars Calista Flockhart, in her first major role on television since "Ally McBeal," alongside an ensemble cast including Sally Field and Rachel Griffiths. The show follows the Walker family as adult siblings learn to manage their professional and personal lives while finding out that even their seemingly perfect parents are flawed. The show will premiere Sunday, Sept. 24 at 10 p.m.

Another drama premiering on ABC is "The Nine," starring Scott Wolf, whom you may remember from "Party of Five," and Kim Raver, who starred in "Third Watch" and "24." "The Nine" will make its debut Wednesday, Oct. 4 at 9 p.m. and follows nine strangers who end up in the middle of a bank robbery and must learn to deal with its aftermath.

From the producers of successful shows like "Lost" and "Alias," the new-bie "Six Degrees" will make its debut, chronicling the lives of six people who live in New York and are connected in various ways. The show's cast includes Jay Hernandez, from movies like "The Rookie" and "Crazy/Beautiful," and Erika Christensen, from films like "Traffic" and "The Upside of Anger." "Six Degrees" will premiere Thursday, Sept.

21 at 10 p.m.

Even though most of ABC's new shows are dramas, there are several comedies premiering, including "Help Me Help You," starring Ted Danson. Danson stars as a successful psychologist treating self-obsessed patients by putting them in a room together to work out their problems. The show will premiere Tuesday, Sept. 26 at 9:30 p.m.

NBC is another network that has several highly anticipated shows premiering. Most notably is the show "Studio 60 on the Sunset Strip," which stars former television-show favorites like Matthew Perry, D. L. Hughley and Bradley Whitford. The show will follow the drama that takes place behind the scenes of a late-night skit show. It premiered Monday night, but catch it next week at 10 p.m.

Based on the successful movie, "Friday Night Lights" is another promising show on NBC. The show touches on

the importance of a small-town football team and its games on Friday. It stars many newcomers as the football players and high school students, but has Kyle Chandler as the team's coach, who has starred in the former television show, "Early Edition." The show will premiere Tuesday, Oct. 3 at 8 p.m.

As for NBC's comedies, the new show "Twenty Good Years" will reunite John Lithgow, who formerly starred in "Third Rock From the Sun" with Primetime television. He and Jeffrey Tambor play two friends who are vastly different, but agree that since they have 20 years left to live, they should live every day to the fullest. The show will premiere Wednesday, Oct. 11 at 8:30 p.m.

CBS will also have several new shows, including the comedic "The

see TELEVISION, page 11



graphic by LAUREN PACK

## CD Review

### Babyshambles' debut album proves addicting

#### Libertine front man creates band reminiscent of the late Clash

BY MATTHEW STOSS  
senior writer

Pete Doherty is probably known more in America for his drug use and relationship with supermodel Kate Moss — if at all — than for being an actual musician. But, the 27-year-old Brit is already on his second band after the breakup of The Libertines in 2004.

Say, "Cheers" to Babyshambles and pure rock 'n' roll. When Doherty, à la Syd Barrett, was politely asked to leave The Libertines after his addictions got in the way of tour dates and other band-type obligations, he found guitarist Patrick Walden, bassist Drew McConnell and drummer Gemma Clarke to form Babyshambles (Clark was later replaced by Adam Fick).

The band's first release, *Down in Albion*, came out in November 2005 and did relatively well on the U.K. charts with the second single "F\*\*\* Forever" climbing to No. 4.

Babyshambles resembles The Libertines, but with more edge and a lot more Doherty. While in The Libertines, he was the co-frontman with longtime friend Carl Barat. In Babyshambles, it's the Pete Doherty show.

And the show is the reincarnation of Joe Strummer. The late Clash frontman should be proud of Babyshambles' debut. Doherty's raspy and slurred cockney voice is nearly identical to Strummer's, and the heavy bass lines and sharp guitar riffs mimic *London Calling*, specifically "Death or Glory."

In what might be *Albion*'s best song, "F\*\*\* Forever," Doherty pays direct tribute to The Clash song with the lyric, "I can't tell between death and glory."

Other good lines include, "I'm so clever/Let's f\*\*\* forever." In addition to "F\*\*\* Forever," another must is "Sticks and Stones," which stands out for its reggae-influenced style and Doherty's lyrics, which appear to challenge all his critics in the press.

There is the dark "Pipedown." The title and lyrics of "Pipedown" evoke the sinister, drug-infested and impoverished underground of London reminiscent of early Black Sabbath. Doherty himself could be the poster child for a number of Williams S. Burroughs novels, further adding to the gritty rawness of Babyshambles — both in their music and image.

Other good tunes include "Killamangiro," "What Katy Did Next" and the opening song "La Belle Et La Bete" if for no other reason than Kate Moss sings background in a surprisingly eerie and on-key moaning voice, which makes her sound possessed.

*Down in Albion* picks up where The Libertines left off while moving on to darker places fueled by Doherty's enigmatic lyrics and eccentric persona.

At the end of the day — and record — Babyshambles' first effort is nothing more than stripped-down, basic rock 'n' roll.

### Down in Albion

★★★★

Babyshambles

# Grad art opening features different media

Art and art history students' journals, photography and sculpture exhibits are on display at artWorks Gallery



MINDI WESTHOFF/senior photographer

A visitor to artWorks Gallery views the colorful artwork of L. Ann Stevens on Monday at the opening of the graduate showcase. The exhibit features the work of 10 graduate students in the school of art and art history

BY CARA PUGLIESE  
contributing writer

Whether inspiring, concerning, confusing or enlightening, the pieces featured in Monday's opening reception in the artWorks Gallery leave definite impressions.

Until Saturday, Sept. 30, artWorks Gallery will showcase the art of 10 graduate students in the school of art and art history. The exhibits vary, from journals to black-and-white photography to sculpture.

Entering the gallery, the audience is first greeted by the untitled works of Brandon Wallace, a second-year graduate student. Wallace's work focuses primarily on the human form, with emphasis on facial expressions, body parts and internal organs. "Many people find the work I do disturbing," Wallace said about his images portraying violence, vulgarity and humor. "But how many disturbing things do you see in a day?"

Adjacent to Wallace's paintings and sketches are the paintings of L. Ann Stevens. Stevens displays colorful and intricately detailed paintings that she began working on while visiting India. Stevens explained that since the early '90s, Indian culture has been inundated with images from Western culture. The paintings depict items such as matchbooks and soap boxes that were locally made in India and don't reflect Western culture's current influence. "My paintings are about cultural identity subsumed by a Western veneer," Stevens said.

Beyond Stevens's culturally minded paintings, Ramiro Fernandez's untitled piece is mounted upon the wall with an environmental statement. Made from PVC pipe, pipe hangers, a pump, a lamp and a peach pit, Fernandez's canal-like sculpture continuously channels water in an effort to inspire people to seek different forms of "sus-

tainable energy systems," Fernandez said. "I think of my workspace as a lab instead of a studio."

From Fernandez's canal, a glimpse of Daniel Robinson's black-and-white photography can be spotted. Two of his photos on display "tell a forgotten history," depicting an old school bus that was abandoned near his property in Newport, Va., since 1969, Robinson said. His photographs, made in silver darkroom process, were shot through a door's peephole that was drilled into the lens cap. This effect gives the feeling of distance between the subject and the viewer, Robinson said.

At this point in the gallery, it would be impossible to miss third-year graduate student Dave Bascom's two remarkable paintings. Relying heavily on the texture and depth of the paint, Bascom used wide brush strokes and heavy paint application to produce "George," a portrait of George Clooney, and "Osama," a portrait of Osama bin Laden. The two paintings are the last in a 10-part series depicting political and celebrity figures, Bascom said. "Osama" is particularly gripping. Done entirely with black paint, the painting takes on the frightening and villainous feel that the terrorist himself seems to embody.

Other exhibits in the artWorks Gallery include Steven Coates's alluring black-and-white photography, David Modler's three mesmerizing journals, Aimee George's winter landscape photographs, and Robin Teas's organic sculptures. Additionally, Paul Jung Estabrook's work with the burned pages of books should not be missed.

There's no shortage of variation in the graduate artwork featured in the artWorks exhibit, with inspiration spanning from India to Newport, Va. "What I really liked about the exhibit was that there was such a range of work," Stevens said. "It's nice that the work doesn't all look the same."



## DVD Review

### Gymnastics movie takes a tumble

'Stick It' features fall short compared to entertaining film

BY LISA RONEY  
staff writer

Stereotypical teenybopper movies are being made daily. "Stick It" tries, and pretty much succeeds, in making itself stand out from the crowd.

The DVD is filled with a surprisingly large amount of features — a trait not common with youth-targeted movies.

#### Stick It

Released  
Sept. 19

"Buttahoras" is a three-and-a-half minute blooper reel. Featuring more goofy faces than line screw-ups, it seems that filmmakers today have forgotten that the purpose of a blooper reel is to highlight mess-ups and pranks, and tend to fill the time with the cast just looking stupidly at the camera.

"Hard Corps" spends four-and-a-half minutes looking at the real-life gymnasts who did all the real work of the film. It

starts off showing the gymnasts with the actresses they represent, then goes on to give short bios of each girl. It is a nice tribute, but kind of boring to sit through.

"The Elites" shows each routine from the film in full. Nine minutes of hardcore gymnastics and "Skinny Fat" is a compilation of eight lackluster deleted scenes.

"The Judge's Table" shows the uneven-bar segments in slow motion to show the intricacy of each movement. It also gives gymnastics fanatics a chance to learn some new routines.

Two music videos are also included in the DVD: Missy Elliott's "We Run This" and Jeannie Ortega's "Crowded."

The film itself is much more entertaining than any of the features. A teen flick and nothing more, the writer of "Bring It On" has created almost the same environment of the classic cheerleading movie, tailored to today's high school audience. However, it is fun to watch and is a great choice for a girls' night in.

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## TELEVISION: Network shows highly anticipated

TELEVISION, from page 9

Class," starring Jason Ritter, the son of the late John Ritter. Ritter decides to surprise his fiancé with a reunion of their third-grade classmates to celebrate their first time the two of them met. The result is the former classmates examining how they have changed over the past 20 years. "The Class" premiered Monday night, but you can catch the next episode Sept. 18 at 8 p.m.

As for a drama on CBS, the new show "Smith," starring Ray Liotta, will arise some curiosity. Liotta stars as a man who seems very common but lives the life of a expert thief trying to finish a few jobs so he can settle down with his family. "Smith" already premiered, but watch it next Tuesday at 10 p.m.

Finally, FOX is another huge network that is set to premiere new hits like "Vanished," which stars Rebecca Gayheart and Ming-Na. The plot follows the disappearance of a Geor-

gia senator's wife. As the search for the woman commences, new discoveries are made about her true identity. The show premiered in late August, but can be watched Mondays at 9 p.m.

For comedic relief on FOX, viewers can look forward to "Til Death," which stars Brad Garrett from "Everybody Loves Raymond" and Joy Stark from "Desperate Housewives." They play a middle-aged married couple that lives next door to newlyweds, played by "American Pie" star Eddie Kaye Thomas, and "Law and Order" star Kat Foster. Hilarity ensues as the show displays old marriage versus new marriage. It can be seen Thursdays at 8 p.m.

From drama to comedy, the big television networks have many shows to offer to a variety of television audiences. So if you're not a fan of football, make sure to check out some of these new shows.

## GUITAR: Online resources are great tools for practicing

GUITAR, from page 9

2 (middle finger), 3 (ring finger) and 4 (pinky finger). Try a few different chords until you get used to playing them. For a few days you should stick to practicing those chords until you can strum them with ease.

Another thing you should practice every day is a scale. Scales are unlike chords in that you play only single notes at a time. There are many different scales with varying numbers of notes, but for now just think of them as exercise for your fingers. They are good practice for getting both your hands used to moving around on the strings. The Web site [guitar.about.com](http://guitar.about.com) has some helpful tips as well as graphic representations of scales. Practice

a scale every day as well as the chords you learned, remembering to try new ones so you get comfortable with a lot of them.

After a few weeks of this, you should be pretty comfortable and confident on the guitar. All you need now is to learn some songs. An easy and free way to do this is to read tablature online. Tablature is a format used by guitar players for writing out and reading guitar melodies and songs. The Web site [guitar.about.com](http://guitar.about.com) has a nice tutorial on reading tabs (which is short for tablature) and once you've gotten that down, you can use any search engine to find tabs to your favorite songs. A good site to find tabs is [harmony-central.com](http://harmony-central.com).

Sticking With It:

The most important thing you need to remember about playing guitar is that you won't get any better if you don't practice. Remember to sit down for at least 20 minutes each day and practice songs, scales and chords. There are plenty of resources online if you want to keep learning new things, so use the Internet to keep practicing and learning. If the Internet isn't enough for you, there are many videos and books designed for all different skill levels available at music shops and bookstores everywhere. Remember, even the best guitarists practice and try to improve their skills daily — that's why they're the best.

Good luck, and keep strumming!

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## Kickin' it Far Post

### The QB's club: champion or bust

There are a lot of big names in the sports world, however the few and the proud get to be called champions.

In the realm of college football, the quarterback remains the most vital position on the team. They are involved with every play, and even more so than in the National Football League with the option running game and quarterback sneaks more prevalent in college playbooks. And it takes a skilled, winning quarterback to lead a team to a national championship.

The Dukes found theirs in 2004 when they landed Gainesville, Fla., native Justin Rascati — a sophomore at the time — who transferred from Louisville in order to take a starting role. He did not want to play behind Brian Brohm — one of the top prospects out of Liberty High School. With Stephan Lefors moving onto the NFL and Brohm in place to start for the Cardinals, Rascati made a decision.

Winners don't belong on the bench.

So, he passed on a prime Division I-A football program to take the reins of the Dukes' offense in I-AA. That year, with the help of a dominant offensive line, a deep backfield and a gritty defense, Rascati shined as an efficient passer, who proved he knew how to win. Call him the Tom Brady of Division I-AA.

I do. Sure, Rascati had help in 2004's championship season. But so did Joe Montana back in 1989. He goes by the name of Jerry Rice. However, in Super Bowl XXIII, Montana reached immortality when he orchestrated a 92-yard drive with under three minutes down 16-13 to rally past the Bengals.

Rascati may not be Joe Montana, but he did lead the team similarly on those key drives in the post-season. He completed 65 percent of his passes that season, while completing over 72 percent of his passes in all four post-season games. Without him, it's hard to believe JMU would have a championship to call its own.

His performance against Montana in Chattanooga was less glitz, but just as efficient. Who needs glamour when you're the one holding up a championship trophy at the end of the day?

I know what you're thinking. What happened last year? Well, the Dukes defense played even better than in their title year, allowing only 15.3 points and 287.8 yards per game, compared to 2004's 17.9 points and 324.7 yards per game. The offense, on the other hand, just didn't do well enough in close games. Teams were coming after JMU. They were the defending champions. That's just the way it works — just take a look at the Steelers' tough start dodging a bullet against Miami, while getting shut out at Jacksonville.

This year, it seems that with a less-dominant offensive line, a less-experienced secondary and a few injuries — the absence of Alvin Banks comes to mind — could mean that the Dukes will go as far as Rascati's arm will take them.

Having said that, Rascati has nothing to prove. He gave JMU its national championship, helped turn around a program and put extra fans in those new Bridgeforth Stadium seats. As a senior, he is in contention for the Walter Payton award, which is given to the most outstanding player in I-AA.

Still think the quarterback position is overrated? Well here's one more thing.

Of the 15 retired NFL quarterbacks with Super Bowl rings, 10 of their faces can be found bronzed in Canton, Ohio's Hall of Fame.

John Galle is a senior SMAD major concentrating in print journalism.

# Dukes host Northeastern in A-10 conference opener



EVAN DYSON/file photo

Highland Community College transfer Eugene Holloman carries the ball against ASU. Holloman had 17 carries for 63 yards and five catches for 63 yards for JMU.

## Madison looks to bounce back after loss to Mountaineers

BY BRIAN HANSEN  
 sports editor

The JMU football team will look to rebound off its first loss of the season as it hosts the Northeastern Huskies this weekend at Bridgeforth Stadium.

After a less-than-inspiring performance against Division II Bloomsburg College and an error-filled loss at Appalachian State, the Dukes will need to make a statement in their conference opener.

"It's big because it's a conference game," JMU junior safety Tony LeZotte said. "In the A-10, every game is a challenge, and you need to bring your best stuff in conference games."

Northeastern is 1-2 this year with losses at Virginia Tech and North Dakota State. The Huskies defeated the Patriot Conference's Holy Cross 24-14. They've averaged 11.3 points per game and 236.3 yards per game this season.

"They're a physically tough team," JMU coach Mickey Matthews said. "They're very vanilla in that they don't run a lot of formations at you, but they'll come out and try to

run the ball on you."

Maurice Murray leads the team in rushing with 256 yards and three touchdowns but is listed as questionable with tendinitis in his knee. Alex Bloomfield is second on the team with 56 yards on 25 carries and no touchdowns.

"They have a huge offensive line," Matthews said. "They're going to come out and try and muscle you."

Said senior linebacker Akeem Jordan, "We have to play hard, and be tough."

At quarterback, the Huskies are led by sophomore quarterback Anthony Orio, who has thrown for 282 yards and one touchdown. Sophomore John Sperrazza has also taken snaps at quarterback for Northeastern, completing all four passes he's thrown for 85 yards.

Senior tight end Kendrick Balandyne is the team's leading receiver with nine catches for 148 yards and one touchdown.

"They're just like the other A-10 teams," LeZotte said. "You have to stop the run first and try to make them one dimensional. We do that and we'll make our jobs easier."

On defense, Northeastern is led by two of its linebackers. Senior Matt Campopiano has two sacks and 13 tackles and sophomore Craig Kenney has 22 tackles and one forced fumble.

"They run an unorthodox defense," Matthews said. "It's what we call a 50 defense with a man lined up over the center. Our ability to block

see FOOTBALL, page 13

## Transfer running back filling in nicely for JMU

BY MATT MCGOVERN  
 contributing writer

Eugene Holloman is a transfer tailback from Highland Community College in Kansas, who led JMU in carries against Appalachian State. The funny thing about it is that game was Holloman's first at the Division I-AA level.

It didn't matter though. Holloman still only had one thing in mind.

"I plan on scoring every time I touch the ball," the 5-foot-11, 170-pounder said.

The JMU coaching staff had their eyes on Holloman when he was in high school at Bayside in Virginia Beach where he was teammates with JMU senior tailback Maurice Fenner, but Holloman wasn't eligible to attend JMU until this year.

"He's a downhill guy," JMU's offensive coordinator Jeff Durden said. "He's going to make his cuts while he's moving toward you, and that's always pretty tough to defend."

Transfers often redshirt their first year in a new system. However, conditions sometimes call for new players to forgo that luxury. When Alvin Banks suffered from muscle spasms in his leg early this season, Holloman was eager to provide support for Maurice Fenner at the tailback position.

"I was planning on redshirting, but I knew that if Alvin or Maurice

were to go down, I would have to step up," Holloman said.

Against ASU, Holloman had 17 carries for 63 yards while hauling in five receptions for 63 yards.

"The longer the game played, the better he got," JMU coach Mickey Matthews said. "And I really think he's going to play well for us this year."

When asked about his strong performance against the defending I-AA national champions, Holloman said he wished he could have done one thing better: make plays that helped put points on the board.

"I felt that if I could have scored a couple times it would have been a whole different ball game," Holloman said.

"The other thing I can tell you about him is that he is very coachable," Durden said. "When somebody makes a correction with him and gives him some guidance, he's very eager to accept coaching. Sometimes that's hard for a new player, especially coming into a new program."

While happy to be getting that coaching here now, Holloman would've liked to come to the program sooner, but academics got in his way.

"I wanted to come here out of high school," Holloman said. "It was a good program, and after they won the national championship, I really wanted to come."

In Tuesday's practice, Matthews named Holloman as the starting tailback for Saturday's game against Northeastern in front of Fenner and Banks. All three backs are expected to see carries against the Huskies.



KELLIE NOWLIN/staff photographer

Seniors Bayli Stillwell and Ashley Copenhaver block a Liberty attack in Tuesday's match. The Dukes defeated the Flames 3-1 to improve to 7-5 this season.

## Volleyball rallies to defeat Liberty at home

After dropping the first game, the JMU women's volleyball team rallied to defeat Liberty University 3-1 on Tuesday.

The Dukes fell 31-33 in the first game but came back to win 30-25, 30-23 and 30-25 in the next three games to drop the Flames to 2-9 this season.

In the first game, JMU led 17-11 but lost 12 of the next 15 points to fall behind 23-20. The Dukes managed to tie it up at 31 before LU scored the final two points to take the first game.

The Dukes jumped out to an 11-3 lead in the second game, but the Flames again battled back, tying the game twice at 16-16 and 25-25 before freshman Nicole Fenner collected three consecutive kills to finish off the Flames 30-25.



Miles

No team led by more than three points in the third game until Madison went on a five-point run with the score 24-22, eventually winning 30-23. JMU setter Lauren Miles had 20 assists in the game, while LU setter had 11 assists and 10 of her team-high 15 digs.

Game four saw 10 ties and five lead changes in yet another close matchup. Liberty's last lead, however, was at 13-12 before JMU pulled away in the end to win by five.

Junior Allyson Halls led JMU with a career-high 21 kills and just four errors to finish with a .378 attack percentage. Halls also set a career high with 10 blocks.

Miles had 63 assists, three kills, two aces, eight digs and four blocks in the middle for the Dukes. The 63 assists constituted another career best for the team, which saw four players reach career highs. Senior Hanna Potterfield also had a career high with seven blocks, and Fenner's 17 kills were enough to tie the best effort of her young

career so far.

By adding 11 digs, Fenner also recorded her first career double-double.

Junior libero Jena Pierson continued her solid play this season by recording a team-high 25 digs. Pierson entered the match ranked ninth nationally with 6.33 digs per game.

Sophomore Allyson Sanders, who had 17 kills, nine digs and four blocks, led the Liberty attack. Also chipping in was sophomore Kendall Nichols, who had a double-double with 11 kills and 14 digs.

Also recording a double-double for the Flames was setter Kallie Corbin, who had 48 assists and 25 digs.

JMU hosts William & Mary tomorrow night at 7 p.m., in Sinclair Gymnasium in a Colonial Athletic Association matchup.

— from staff reports



# JMU sports players earn awards after week of winning

Four JMU sports players take five weekly awards

## Women's Soccer - National awards



Wszalek

Freshman goalkeeper Diane Wszalek of the JMU women's soccer team earned two awards this week for her performance in both of the Dukes' shutout victories last week.

On Monday, she was named to the top-drawersoccer.com Team of the Week for the week ending Sunday, Sept. 17. Two days later, the West Chester, Pa., native was selected to the Soccer Buzz National Elite Team of the Week.

Wszalek made five saves in a 3-0 home win over George Washington Sept. 14 and two in a 1-0 victory at Georgetown Sept. 17.

The victories improved the Dukes' record to 4-4 on the year.

JMU coach Dave Lombardo and the Dukes have been searching for a starting goalkeeper ever since they lost four-year starter Jessica Hussey to graduation last year.

## Men's Soccer - CAA award



Morsink

JMU senior midfielder Kurt Morsink, out of San Jose, Costa Rica, has been named the Brine Colonial Athletic Association Player of the Week for the week ending Sept. 17.

Morsink dished out four assists in the Dukes' 5-0 win over Howard last Wednesday. He also scored a goal and assisted on the game-winning goal in a 5-1 victory over Albany last Saturday.

Morsink's four assists in the Howard match was just one assist shy of the school record, which was set in the 1972 season.

After last week's performance, Morsink has pushed his career totals to 28 goals,

39 assists and 85 points. He is currently in fourth place on JMU's career-assist list, eighth on the all-time points list and tied for ninth on the career goals list.

Morsink leads the CAA in goals, assists and points in both total and per-game average categories. Thus far, he has scored a goal or an assist in every contest for the Dukes.

## Women's Soccer - Rookie CAA award



Julien

Corky Julien, the JMU freshman forward from Canada, also won an award during the Dukes' successful week in women's soccer.

On Monday, Julien was selected the Brine Colonial Athletic Association Rookie of the Week for the week ending on Sunday, Sept. 17.

Julien helped JMU reach .500 at 4-4 with an assist on the game-winning goal and scoring the final goal in a 3-0 home win over George Washington last Thursday. She then scored the game-winner in a 1-0 victory at Georgetown on Sunday.

## Women's Volleyball - Rookie CAA award



Fenner

Freshman outside hitter Nicole Fenner was named the Colonial Athletic Association volleyball Rookie of the Week after helping JMU to a pair of conference wins over the weekend.

The 6-foot-1 Duluth, Ga., native averaged 2.50 kills and 3.50 digs per game while recording a .344 attack percentage (15-43) for the week. On Friday night, she helped JMU (6-5, 2-2 CAA) to a 3-0 win over Georgia State with eight kills, 10 digs, and a .316 hitting percentage. On Saturday, JMU defeated UNC-Wilmington 3-0 with Fenner hitting at a .385 clip with seven kills, three assists, 11 digs and two solo blocks.

Fenner has started every match for the Dukes thus far in her young JMU career. She is fourth on the team in averaging 2.28 kills per game, third with 87 digs (2.23 per game) and nine service aces, and fourth in total blocks with 18. She is second on the team in total service reception attempts and has a .926 reception percentage.

— from staff reports

# FOOTBALL: Dukes vs. Huskies

FOOTBALL, from page 12  
that will be the biggest key in the game."

The 17th-ranked Dukes are relatively healthy coming off their bye week but will probably be without senior wide receiver D.D. Boxley. At tailback, community-college transfer Eugene Holloman will start for the JMU with Maurice Fenner and Alvin Banks both seeing carries.

"We need to get back on track," Matthews said. "We need to pick it up. This is the conference opener and we need

"This is the conference opener and we need to come out shooting."

— MICKEY MATTHEWS  
JMU Football Coach

to come out shooting."

The game marks a series of nine consecutive Saturdays that

the Dukes will play, with eight of those matchups being against Atlantic 10 opponents.

The last time these two teams met was in 2003, with Northeastern winning 41-24. It was the fourth straight win for the Huskies over the Dukes.

The Huskies were the first team Matthews defeated as a coach at JMU, but he is 0-4 since against NU.

Kickoff is scheduled for 6 p.m. on Zane Showker Field at Bridgeforth Stadium.

The game can be heard on WSWA-AM (550).

## Baseball 2007 season schedule

Feb. 17 — Fordham (DH)  
Feb. 18 — Fordham  
Feb. 21 — GW  
Feb. 23 — Ohio State  
Feb. 24 — Seton Hall (DH)  
Feb. 25 — Kansas State  
Feb. 27 — Maryland  
Feb. 28 — @ Longwood  
Mar. 2-4 — @ Charlotte  
Mar. 6 — Virginia  
Mar. 7 — Radford  
Mar. 9-11 — ODU\*  
Mar. 13 — @ Maryland  
Mar. 14 — Liberty  
Mar. 16-18 — @ VCU\*  
Mar. 20-21 — Marshall  
Mar. 23-25 — W&M\*  
Mar. 27 — Virginia Tech  
Mar. 28 — @ Richmond  
Mar. 30-Apr. 1 — UNC-W\*

Apr. 4 — @ Radford  
Apr. 6-8 — Northeastern\*  
Apr. 10 — Longwood  
Apr. 11 — @ GW  
Apr. 13-15 — @ George Mason\*  
Apr. 18 — @ Liberty  
Apr. 20-22 — Hofstra\*  
Apr. 24 — @ Virginia Tech  
Apr. 25 — @ Virginia  
Apr. 27-29 — @ Georgia State\*  
May 9 — Richmond  
May 11-13 — Towson\*  
May 17-19 — @ Delaware\*  
May 23-26 — CAA  
Championships

\*denotes CAA game

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Notre Dame @ Michigan State	Notre Dame	Notre Dame	Notre Dame	Notre Dame	Michigan State
Minnesota @ Purdue	Minnesota	Minnesota	Minnesota	Minnesota	Minnesota
Northeastern @ JMU	JMU	JMU	JMU	JMU	JMU
Redskins @ Texans	Redskins	Redskins	Redskins	Redskins	Texans
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Jaguars @ Colts	Jaguars	Colts	Jaguars	Colts	Colts
Bengals @ Steelers	Bengals	Bengals	Bengals	Bengals	Steelers
Eagles @ 49ers	49ers	Eagles	Eagles	Eagles	Eagles
Giants @ Seahawks	Seahawks	Seahawks	Seahawks	Seahawks	Seahawks

## FOOTBALL PICKS OF THE WEEK



John Swami

Overall- 22-14  
Last week- 6-6

Brian Quitter

Overall- 18-18  
Last week- 6-6

Erik Web Guy Guest

Overall- 25-11  
Last week- 6-6

Caitie Boss Lady

Overall- 22-14  
Last week- 7-5

Matt Fearless Leader

Overall- 27-9  
Last week- 9-3

"I've made the executive decision to give everyone a win for the Oregon/Oklahoma game on two principles: 1) Oklahoma lost on, not one, but two awful calls and 2) last week was a tough week for most of us and everyone picked the Sooners. Props to the powers that be for having winning records."  
— Swami

### James Madison University Health Center Men's Health Minute No. 2: Depression in Men by Barbara Brennan ND, FNP

Since men account for only 1 in 10 cases of diagnosed depression, that means that few men suffer from depression, right? Well, probably not. It may be that men don't realize that they have symptoms of depression or are hesitant to seek help. Men are also less likely than women to discuss their feelings with friends or family and to pretend that everything is alright.

Symptoms of depression may include difficulty sleeping, decreased sex drive, feelings of guilt, difficulty concentrating, or loss of interest in activities that used to be pleasurable. In addition, men may experience depression in the form of anger attacks or increased use of alcohol or other substances which help blunt emotional pain.

The causes of depression are varied and include substance abuse, anxiety, emotional or physical trauma, attention deficit disorder and history of sexual abuse. These problems may show up as physical symptoms such as headaches, fatigue due to sleep disturbance, heart palpitations, or frequent minor illnesses. It is these physical symptoms that may motivate a man to see a health care practitioner. Cultural stereotypes that men don't suffer from depression may lead

friends and family members, and even some health care professionals, to overlook the possibility of depression and, therefore, not ask about it. This results in under-diagnosis and under-treatment.

So, while men may have less depression statistically, it is probably much more common than realized. It is especially frightening to note that while women are more likely than men to attempt suicide, men are far more likely to succeed. In fact men account for 85% of suicides in the 15- to 24-year age group. It is thought that many deaths due to traffic accidents are actually suicides.

Depression can be successfully treated with counseling, medication or both. If you suspect that you, or a friend, has symptoms of depression please get help. On campus you may contact the Counseling and Student Development Center at 8-6552.

Contact Barbara Brennan at [brennabp@jmu.edu](mailto:brennabp@jmu.edu) with comments or suggestions for articles. Also, see the UHC website for a link to all Men's Health Minute columns: [www.jmu.edu/healthctr/](http://www.jmu.edu/healthctr/).

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JMU vs. VCU  
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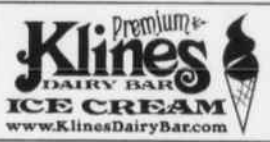
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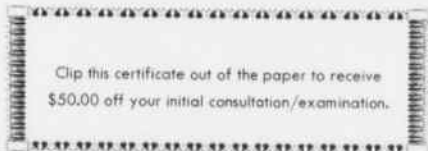
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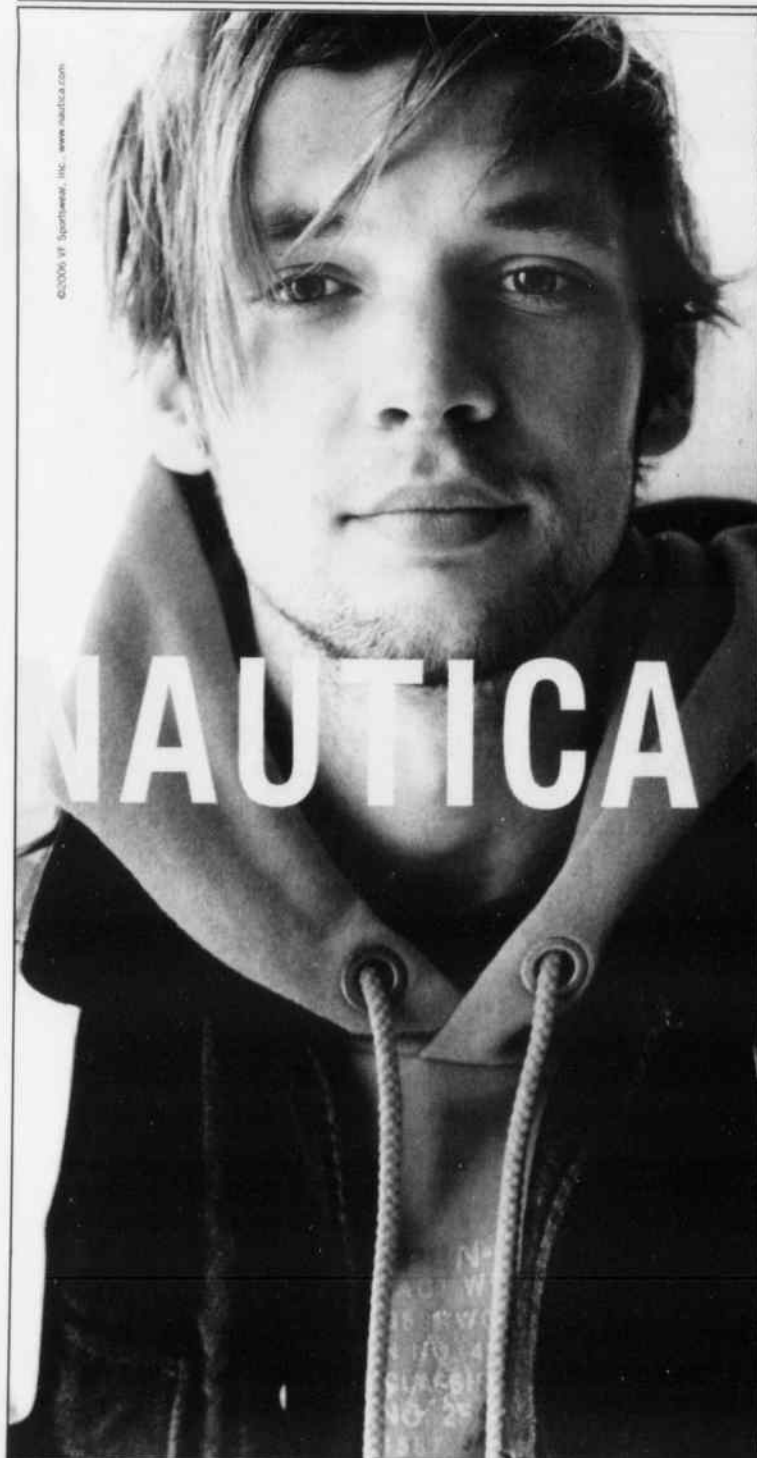


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